

Men				position	
1	Harry Holmes	Matlock AC	M	37.00	
2	Stuart Bond	Matlock AC	MV40	37.05	
3	Thomas Callan	Westerlands CCC	M	38.57	
1st MV40	Robert White	Buxton AC	MV40	41.02	6
1st MV50	Matt Lewis	Macclesfield Harriers	MV55	45.57	14
1st MV60	Paul Rowland	Pennine	MV60	56.18	63
1st MV70	Paul Hitchings	Staffs Moorlands	MV70	67.18	90

Men's Team Prize

Buxton

Ben Light 4

Robert White 6

Nick Jones 18

Women				position	
1	Leah Williams	LUOC	F	45.57	15
2	Hannah Steeds	Macclesfield Harriers	F	48.35	21
3	Hannah Moulton	u/a	F	50.41	26
1st FV40	Philippa Rose	Steel City Striders	FV45	51.13	34
1st FV50	Jo Bednall	Buxton AC	FV50	51.39	37

Women's Team Prize

Buxton

Jo Bednall 37

Samantha Willis 40

Debbie Hope 47