

# DCRO Training Schedule 2019



## Training will take one of two formats:

Weekday evenings 7.30 – 9.30pm. Approx 2 hrs of training provided on a specific subject or a rotation of subjects. Often at base, although other locations including underground one will be used.

Weekend training exercises (**in bold**), typically run 10:00 to 15:00, involving underground and surface roles, generally run as a call-out but with a specific focus (shafts, search, cas care etc).

<i>Date</i>	<i>Content</i>	<i>Location</i>
Jan 9 - Wed	Basic Cas care – <i>BLS, bandages, mild hypothermia</i>	Staden Lane base
Jan 17 - Thu	Committee Meeting	Staden Lane base
Jan 28 - Mon	Comms – <i>theory and practical</i>	Staden Lane base
Feb 5 – Tue	Surface support/ PPE/ Crash bag familiarisation	Staden Lane base
Feb 11 – Mon	<i>Controller/Leader Trg only</i>	Staden Lane base
<b>Feb 24 – Sun</b>	<b>Cas care/ stretcher handling/ comms</b>	<b>TBC</b>
Mar 12 - Tue	Surface and underground search theory	Staden Lane base
Mar 27 – Wed	Underground Comms Practical	TBC
Apr 2 – Tue	Stretchers/ splinting/ first aid kits	Staden Lane base
Apr 11 – Thu	DCRO AGM/Committee Meeting	Staden Lane base
Apr 23 - Tue	Rigging for rescue	Staden Lane base
<b>May 12 – Sun</b>	<b>DCRO Open Day</b>	<b>Staden Lane base</b>
May 18 - Sat	Buxton Street Collection	Buxton
May 22 – Wed	Multipod and shaft hauling	TBC
<b>June 8 – Sat</b>	<b>Mock 'shout' – Longer exercise run as a real shout</b>	<b>TBC</b>
June 3 – Mon	<i>Controller/Leader Trg only</i>	Staden Lane base
June 12 - Wed	DCRO dash – fell race	Castleton
June 25 – Tue	Fentanyl training - <i>cas carers only</i>	Staden Lane base
July 9 – Tue	Larkin frame and ground anchors	Eldon hole
July 10 – Wed	Committee Meeting	Staden Lane base
July 13 - Sat	Ashbourne Street Collection	Ashbourne
July 24 – Wed	Underground hauling	TBC
Aug 6 – Tue	Basic Cas care – <i>BLS, bandages, mild hypothermia</i>	Staden Lane base
Aug 18 - Sun	Castleton Street Collection	Castleton
Aug 21 - Wed	Engineering	TBC
Sept 2 - Mon	Divers/Heli Drills and Animal Rescue	Staden Lane base
<b>Sept 14 - Sat</b>	<b>Ralph's revenge + team supper – focus on searching</b>	<b>TBC</b>
Sept 23 - Mon	<i>Controller/Leader Trg only</i>	TBC
Sept 29 - Sun	Bakewell Street Collection	Bakewell
Oct 1 – Tue	Rigging for rescue	Staden Lane base
Oct 9 – Wed	Committee Meeting	Staden Lane base
Oct 23 - Wed	Gas detectors and monitoring	Staden Lane base
Nov 4 – Mon	Cas care scenarios – <i>primary and secondary surveys</i>	Staden Lane base
<b>Nov 24 - Sun</b>	<b>Rigging and Hauling – surface and underground</b>	<b>TBC</b>
Dec 4 – Wed	Deliberately left blank to pick up any training need identified during the year	
Dec 16 – Mon	Annual Training Review and Team Supper	TBC

\*The long duration exercise on the 8th June will run beyond the usual 10am-3pm of a weekend day exercise. It will have no set end time, but end when the mock rescue is complete.

If you need further info contact Katie Eavis, DCRO Training Officer on [training@derbyshirecro.org](mailto:training@derbyshirecro.org)