

# DCRO Training Schedule 2018



Training will take one of two formats:

**CORE SKILLS (CS)** Weekday evenings 7.30 – 9.30pm. Approx 2 hrs of training provided on a specific subject or a rotation of 2 or 3 subjects. ALL team members are encouraged to attend as many of these sessions as possible.

**FIELD EXERCISES (FTX)** Weekend training exercises, typically 10:00 to 15:00, involving underground and surface roles, generally run as a call-out but with a specific focus (shafts, search, cas care etc).

FR refers to fundraising events, CM to committee meetings, C/L to controllers and leaders only training

| <i>Date</i>       | <i>Trg</i> | <i>Content</i>  | <i>Location</i>         |
|-------------------|------------|---|-------------------------|
| Jan 10            | CS         | PPE/FPE and Crash Bag familiarisation                             | Staden Lane base        |
| Jan 18            | CM         | Committee Meeting   | Staden Lane base        |
| <b>Jan 28</b>     | <b>FTX</b> | <b>Stretcher Handling / shaft hauling</b>                         | <b>Masson Mine</b>      |
| Feb 6             | CS         | Cas Care – ‘First Response’ training                              | Staden Lane base        |
| Feb 12            | C/L        | <i>Controller/Leader Trg only</i>                                 | Location tbc            |
| Feb 19            | CS         | Stretchers and Casualty handling                                  | Staden Lane base        |
| Mar 6             | CS         | Comms Theory - VHF/Nicola 3/Heyphone                              | Staden Lane base        |
| <b>Mar 18</b>     | <b>FTX</b> | <b>Underground search and joint training with the DCRO divers</b> | <b>Peak Cavern</b>      |
| Apr 4             | CS         | Surface support and equipment                                     | Staden Lane base        |
| Apr 16            | AGM/CM     | DCRO AGM/Committee Meeting  | Staden Lane base        |
| Apr 24            | CS         | Rigging for rescue  | Staden Lane base        |
| <b>May 12</b>     |            | <b>DCRO Open Day</b>  | <b>Staden Lane base</b> |
| May 19            | FR         | Buxton Street collection  | Buxton                  |
| May 21            | CS         | Comms Practical - VHF/Nicola 3/Heyphone                           | Carlswark               |
| June 6            | CS         | Rigging – Larkin Frame and ground anchors - practical             | Knotlow triangle        |
| June 13           | C/L        | <i>Controller/Leader Trg only</i>                                 | Location tbc            |
| <b>June 19</b>    | <b>CS</b>  | <b>Basic life support – CPR and the AED</b>                       | <b>Staden lane base</b> |
| <b>June 23/24</b> | <b>FTX</b> | <b>Long duration exercise* (Mock rescue)</b>                      | <b>Underground TBC</b>  |
| July 3            | CS         | Divers/Heli Drills and Animal Rescue                              | Staden Lane base        |
| July 7            | FR         | Ashbourne Street collection                                       | Ashbourne               |
| July 12           | CM         | Committee Meeting   | Staden Lane base        |
| July 25           | CS         | Multipod and shaft hauling  | Knotlow triangle        |
| Aug 7             | CS         | Cas Care – Fentanyl training for cas carers only                  | Staden Lane base        |
| Aug 19            | FR         | Castleton Street collection                                       | Castleton               |
| Aug 20            | CS         | Engineering   | Peak Dale Quarry        |
| Sept 5            | CS         | Surface and underground search theory                             | Staden Lane             |
| Sept 12           | C/L        | <i>Controller/Leader Trg only</i>                                 | Location tbc            |
| Sept 29           | FR         | Bakewell Street collection  | Bakewell                |
| Oct 3             | CS         | Cas Care scenarios  | Staden Lane base        |
| Oct 13            | FTX        | <b>“Ralph’s Revenge” challenge + Team Supper</b>                  | <b>Peak Cavern</b>      |
| Oct 17            | CM         | Committee Meeting   | Staden Lane base        |
| Oct 23            | CS         | Underground hauling   | Location TBC            |
| Nov 12            | CS         | Gas detectors and monitoring                                      | Staden Lane base        |
| <b>Nov 25</b>     | <b>FTX</b> | <b>Multi-location surface and underground search</b>              | <b>Underground TBC</b>  |
| Dec 3             | CS         | Cas Care – Oxy, Entonox, Cervical collars, Splinting              | Staden Lane base        |
| Dec 12            | CS         | Annual Trg Review and Team Supper                                 | Staden Lane base        |

\*The long duration exercise on the 23<sup>rd</sup> June will run beyond the usual 10am-3pm of a weekend day exercise. It will have no set end time, but end when the mock rescue is complete.

If you need further info contact Katie Eavis, DCRO Training Officer on [training@derbyshirecro.org](mailto:training@derbyshirecro.org) or [dentkate@yahoo.co.uk](mailto:dentkate@yahoo.co.uk)